



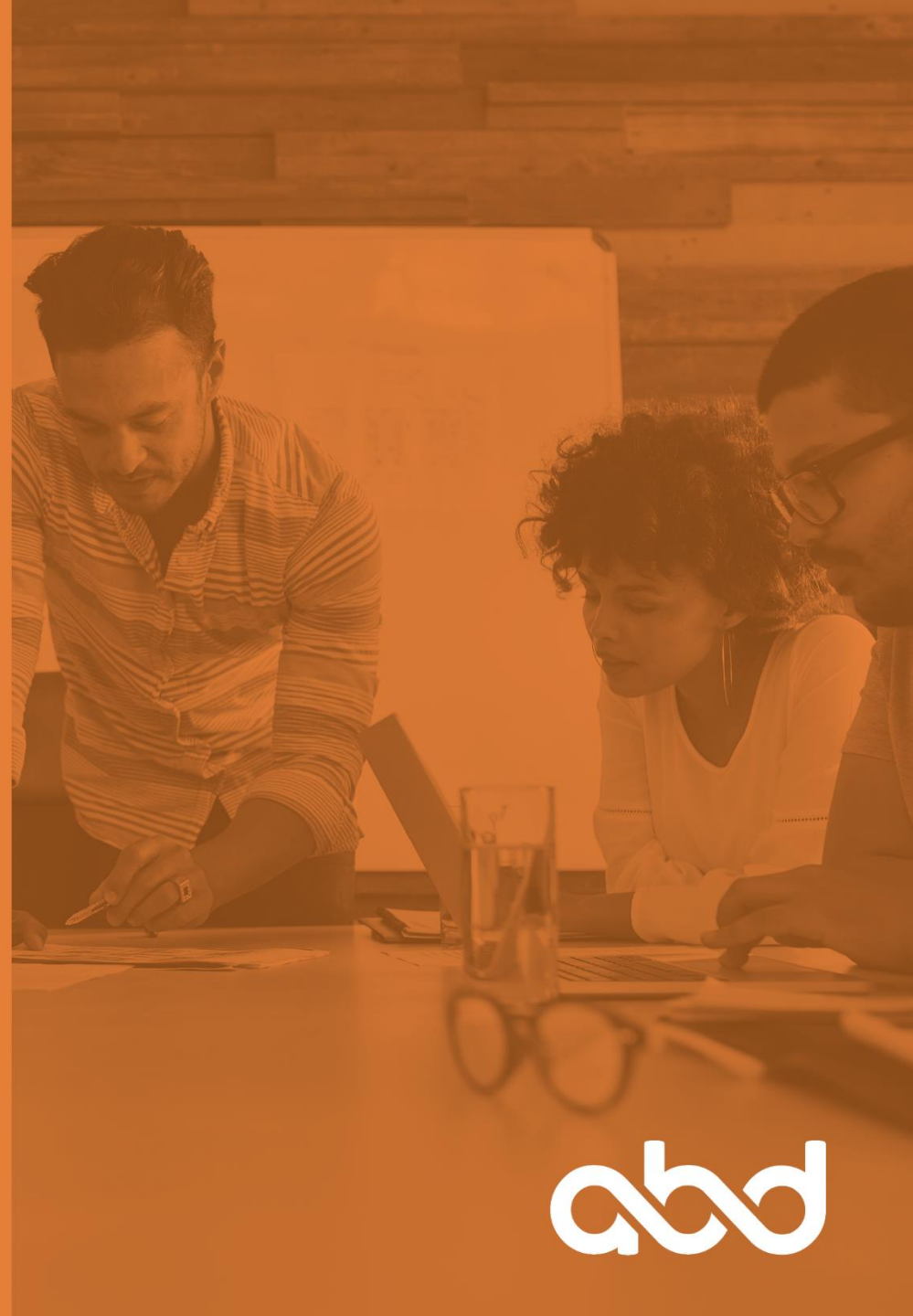
## Office Hours Webinar

# Section 125 Cafeteria Plans

July 20, 2021



Presented by:  
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# Topics for Discussion

## Recent Office Hours Webinars (Slides and Recording)

### Go All the Way with HSA

- Take a deep dive into the uniquely triple-tax advantaged account that knows no bounds.

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### Mergers and Acquisitions: H&W Employee Benefit Plans

- The key M&A issues related to H&W plans for employers to consider in any transaction.

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### Medicare for Employers

- MSP, COBRA, special enrollment, creditable coverage, and HSA eligibility issues for employers.

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### Health Benefits While on Leave

- How each form of an LOA comes with different health plan coverage, payment, and other issues.

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### Health Benefits for Domestic Partners

- An overview of the federal, state, and local health plan and taxation issues for domestic partners.

# Topics for Discussion

## The Gateway to Employee Pre-Tax Contributions

### *A Simple Concept Wrapped in a Complex Rule*

- Employees take for granted the fact that they can contribute to H&W benefits on a pre-tax basis through payroll
- This ability is actually the product of a tangled web of cafeteria plan rules that permit employees to avoid constructive receipt—a concept most have never considered
- The election rules in Section 125 are very strict, and there is no corrections program to prevent a potential full loss of tax-advantaged status for an employer's failure to follow
- This makes understanding and complying with the Section 125 rules more important than most appreciate—and it puts the cafeteria plan at the forefront of many common compliance issues

## Section 125 Cafeteria Plan Topics for Discussion

1	<b>Why §125 Matters:</b> The safe harbor from the doctrine of constructive receipt
2	<b>Plan Document:</b> Employers must adopt a written plan document with certain content included
3	<b>Making/Changing Elections:</b> Irrevocable election rule and the permitted election change events
4	<b>Use-It-Or-Lose-It:</b> Grace periods, run-out periods, carryovers, and forfeitures—oh my!
5	<b>Nondiscrimination:</b> The basics for each NDT, into the weeds of the 55% average benefits test



# 1. Why Does §125 Matter?

The Safe Harbor from  
Constructive Receipt

Section 125 is **the exclusive means** by which an employer can offer employees an election between taxable income and nontaxable benefits on a tax-advantaged basis.

## Without a Cafeteria Plan

### Constructive Receipt (Taxable)

#### General Rule:

- Employees must include in income any amount which they actually or constructively receive
- Means that the election between taxable income (including cash) and nontaxable benefits results in gross income to the employee—even the employees who elect benefits!

#### Cites:

- IRC §451; Treas. Reg. §1.451-1(a)

## Cafeteria Plan

### Pre-Tax Contributions

#### General Rule:

- Section 125 cafeteria plans avoid constructive receipt issues
- Allows employees to make a choice between taxable cash income and nontaxable benefits
- Means employees electing to make a salary reduction election to pay for health and welfare benefits on a pre-tax basis will not receive taxable income on the taxable cash the employees could have received

#### Cites:

- IRC §125; Prop. Treas. Reg. §1.125-1(b)(1)

## Examples

### Without a Cafeteria Plan Constructive Receipt (Taxable)

- The ABC group health plan premium is \$500/month
- The employer pays \$350/month
- The employee-share of the premium is \$150/month

#### Result

Employees who enroll with a salary reduction election of \$150/month are still taxed on the \$150 in taxable cash they could have received.

### Cafeteria Plan Pre-Tax Contributions

Same example, but with Section 125 cafeteria plan in place.

#### Result

- Employees who enroll with a salary reduction election of \$150/month contribute on a pre-tax basis
- No constructive receipt of the \$150 available as taxable cash
- Employer and employee avoid FICA taxes (6.2% Social Security, 1.45% Medicare) on the contributions, too!



Section 125 permits employees to choose between taxable cash and “qualified benefits” through a cafeteria plan. Only **qualified benefits** can be part of a cafeteria plan.

### Qualified Benefits

#### *Employee Pre-Tax Contributions*

- Group Health Plan (Medical, Dental, Vision)
- Health FSA, Dependent Care FSA
- HSA
- Group Term Life (\$50k coverage cap)
- AD&D
- Hospital Indemnity/Cancer Insurance
- Disability (generally contributions or benefits are taxable)
- 401(k) Plan (cashable flex credits, uncommon)
- Adoption Assistance (no FICA exemption, uncommon)
- PTO Buying/Selling (uncommon)

### Non-Qualified Benefits

#### *Not Part of Cafeteria Plan*

- Commuter Transit/Vanpool/Parking (§132 provides for employee pre-tax contributions)
- HRA (no employee contributions permitted)
- Tuition Assistance (employer tax-free reimbursement permitted under §127 or §132)
- 403(b) Plan (different from 401(k)!)
- Long-Term Care Insurance
- Individual Medical Policies (prohibited by ACA, only permitted if purchased off Exchange for EEs covered by an ICHRA)

## 2. Plan Document

### Timing and Content Rules





## Retroactive Adoption Prohibited

- The Section 125 cafeteria plan needs to be signed (adopted) on or before the first day of the plan year that it will be effective
- If an employer implements a cafeteria plan with an effective date prior to the date the document is signed (i.e., with a retroactive effective date) the IRS could find that the document is not a valid cafeteria plan
- That would result in all employee health and welfare premium and FSA pre-tax elections becoming taxable to the employees
  - *American Family Mutual Insurance Co. v. United States*, 815 F. Supp. 1206, 1214 (W.D. Wis. 1992)
    - Employees participated in health FSA before cafeteria plan was adopted
    - Court found contributions must be included in employees' taxable income
    - Employer's tax liability from the error was \$433,000
  - *Wollenburg v. United States*, 75 F. Supp. 2d 1032, 1036 (D. Neb. 1999)
    - Court relied on American Family to assess taxes on health FSA contributions made prior to plan being adopted in December of plan's calendar plan year (similar result)

## Prospective Amendment or Restatement Adoption

- Any subsequent amendment to or restatement of the plan document must be prospective
  - Section 125 cafeteria plan amendment or restatement cannot have retroactive effect
  - Employer must sign the amendment or restatement on or before the date for which it is to be effective
- Retroactive effective dates do not receive Section 125 safe harbor from constructive receipt
  - This could result in the employee H&W premium and FSA pre-tax elections becoming taxable

### Written Plan Requirements – Prop. Treas. Reg §1.125-1(c)(1)

#### The Section 125 regulations provide that the written plan document must include:

- A specific description of each of the benefits available through the plan, including the periods during which the benefits are provided (the periods of coverage)
- The plan's rules governing participation, and specifically requiring that all participants in the plan be employees
- The procedures governing employees' elections under the plan, including the period when elections may be made, the periods with respect to which elections are effective, and providing that elections are irrevocable (outside of the permitted election change events)
- The manner in which employer contributions may be made under the plan (employee salary reduction election, employer nonelective contributions, flex credits, etc.)
- The maximum amount of elective contributions (i.e., salary reduction) available to any employee through the plan (e.g., \$2,750 health FSA in 2021, \$10,500 dependent care FSA in 2021)
- The plan year of the cafeteria plan
- The special rules that apply to FSAs (e.g., use-it-or-lose-it rule, uniform coverage for health FSA)
- A description of the plan's grace period or carryover period (if offered)
- If the plan offers PTO buying/selling (uncommon), special ordering rules that apply

# **3. Making/Changing Elections**

## The Irrevocability Rule



The general rule under Section 125 for ongoing employees is that all elections (including an election not to participate) must be:

1

Made prior to the  
start of the plan year;  
**and**

2

Irrevocable for the  
duration of the plan  
year unless the  
employee  
experiences a  
permitted election  
change event.

### Potential Consequences of Failure to Follow these Rules

If an employer's cafeteria plan were to permit employees to make any mid-year (i.e., after the start of the plan year) election changes without experiencing a permitted election change event (or without making the election change within the plan's timing window, which is generally 30 days):

- The plan would violate the irrevocable election rules described above
- **The Section 125 rules provide that the IRS could cause the entire cafeteria plan to lose its tax-advantaged status if discovered on audit**
- **This would result in all elections becoming taxable for all employees**

#### No Correction Program

There is no formal IRS correction program for employers under Section 125!

- The tax qualification rules for qualified retirement plans, which include correction procedures through the Employee Plans Compliance Resolution System (EPCRS), do not apply to cafeteria plans
- **Upon audit, IRS has discretion to impose full loss of tax-advantaged status in any non-compliance scenario—no matter how seemingly minor or commonplace**

### (7) Operational failure.

- i. In general. **If the cafeteria plan fails to operate according to its written plan or otherwise fails to operate in compliance with section 125 and the regulations, the plan is not a cafeteria plan and employees' elections between taxable and nontaxable benefits result in gross income to the employees.**
- ii. Failure to operate according to written cafeteria plan or section 125. Examples of failures resulting in section 125 not applying to a plan include the following—
  - A. Paying or reimbursing expenses for qualified benefits incurred before the later of the adoption date or effective date of the cafeteria plan, before the beginning of a period of coverage or before the later of the date of adoption or effective date of a plan amendment adding a new benefit;
  - B. Offering benefits other than permitted taxable benefits and qualified benefits;
  - C. Operating to defer compensation (except as permitted in paragraph (o) of this section);
  - D. Failing to comply with the uniform coverage rule in paragraph (d) in §1.125-5;
  - E. Failing to comply with the use-or-lose rule in paragraph (c) in §1.125-5;
  - F. Allowing employees to revoke elections or make new elections, except as provided in §1.125-4 and paragraph (a) in §1.125-2;**
  - G. Failing to comply with the substantiation requirements of § 1.125-6;
  - H. Paying or reimbursing expenses in an FSA other than expenses expressly permitted in paragraph (h) in §1.125-5;
  - I. Allocating experience gains other than as expressly permitted in paragraph (o) in §1.125-5;
  - J. Failing to comply with the grace period rules in paragraph (e) of this section; or
  - K. Failing to comply with the qualified HSA distribution rules in paragraph (n) in §1.125-5.



### (a) Rules relating to making and revoking elections.

1. Elections in general. A plan is not a cafeteria plan unless the plan provides in writing that employees are permitted to make elections among the permitted taxable benefits and qualified benefits offered through the plan for the plan year (and grace period, if applicable). **All elections must be irrevocable by the date described in paragraph (a)(2) of this section except as provided in paragraph (a)(4) of this section.** An election is not irrevocable if, after the earlier of the dates specified in paragraph (a)(2) of this section, employees have the right to revoke their elections of qualified benefits and instead receive the taxable benefits for such period, without regard to whether the employees actually revoke their elections.
2. Timing of elections. In order for employees to exclude qualified benefits from employees' gross income, benefit **elections in a cafeteria plan must be made before the earlier of—**
  - i. The date when taxable benefits are currently available; or
  - ii. The first day of the plan year (or other coverage period).
4. Exceptions to rule on making and revoking elections. If a cafeteria plan incorporates the change in status rules in §1.125-4, to the extent provided in those rules, **an employee who experiences a change in status (as defined in §1.125-4) is permitted to revoke an existing election and to make a new election with respect to the remaining portion of the period of coverage, but only with respect to cash or other taxable benefits that are not yet currently available.** See paragraph (c)(1) of this section for a special rule for changing elections prospectively for HSA contributions and paragraph (r)(4) in §1.125-1 for section 401(k) elections. Also, only an employee of the employer sponsoring a cafeteria plan is allowed to make, revoke or change elections in the employer's cafeteria plan. The employee's spouse, dependent or any other individual other than the employee may not make, revoke or change elections under the plan.

### No Mandatory Open Enrollment Timeframe

- The Section 125 rules do not specify any period during which an employer is required to offer its open enrollment for the next plan year (nor does ERISA or any other applicable law)
- The only requirement under Section 125 is that **the election be made prior to the start of the plan year** (any other election change would be mid-year and require one of the listed events)

### What About Post-Open Enrollment Election Change Requests?

- The OE period is established for the employer's convenience and administrative reasons
- There is no legal issue with allowing employees to make elections all the way up to the last second before the start of the new plan year
- **Employers may therefore permit exceptions to allow election changes after OE ends (but before the plan year begins) as long as they are comfortable with the precedent established**
- Employers often want to permit employees to change elections after the employer's OE closes because of the employee's changed decision or alleged mistake
- This creates an **ERISA plan precedent** requiring the employer to provide the same opportunity to other employees in a similar situation who request a post-OE but pre-plan year election change
  - The main reason for employers structuring OE as a set period to end in advance of the plan year is for administrative purposes
  - If employees were able to make election changes all the way up to the last day of the current plan year (12/31 for a calendar plan year) it would be very difficult to implement their elections prior to the next period of coverage (plan year)

### Open Enrollment Best Practice Approaches

- Employers have two best practice options for handling post-OE election change requests:
  1. Enforce the end of the OE as a hard deadline after which no employees may change their elections; OR
  2. Permit post-OE election changes with a hard outer limit prior to the start of the plan year after which the employer will not accept any other post-OE election changes—regardless of the circumstances.
    - Example: Hard outer limit of two weeks in advance of the plan year (12/15 for a calendar plan year)
    - This ensures that the precedent established is managed in a manner that permits all elections for the new plan year (1/1 for a calendar plan year) to be timely implemented

### What Happens When the Plan Year Starts?

- Generally there is no ability to change an employee's election because the election is irrevocable under Section 125 as of the start of the plan year
- Even if an employer were to assume the risk under Section 125, it would still have insurance carrier (or stop-loss provider) limitations and an ERISA plan precedent to address
- In some rare circumstances, the IRS informal “doctrine of mistake” may apply to permit a late election change after the plan year has started
  - This requires “clear and convincing evidence” of a mistaken election, which is a very high bar to clear
  - Later slides address mid-year exceptions and the doctrine of mistake in much more detail

### General Rule: Prospective Election

- The general rule under Section 125 for mid-year election changes, including for new hires, is that any election change must be prospective in effect
- This means that the employee's pre-tax contribution cannot relate to coverage in effect prior to the date of the election

### Special New Hire Rule: Retroactive Elections 30 Days from Date of Hire

The Section 125 rules provide that an election may be retroactive to the date of hire as long as it is made within 30 days of the date of hire.

- **Example:** New employee hired March 21 to ABC employer with DOH eligibility for coverage
- **Result:** If employee makes election by April 20, the employee can pay for the coverage pre-tax through the cafeteria plan retroactive to March 21 (DOH)

### Plans That Don't Offer DOH Eligibility with 30-Day Election Window

- There is no option for new hires to pay for the period of coverage prior to the date of the election (e.g., 60-day election window, eligibility is one-month after hire, etc.)
- Options for employers in these situations:
  - The employer would have to pay the full cost of the retroactive period (i.e., waive the employee-share of the premium for the period prior to the date of the election);
  - The employer would require the employee pay for the retroactive coverage period on an after-tax basis (i.e., the employee pays outside of the cafeteria plan for the period prior to the election); OR
  - Coverage would be effective no sooner than the date the employee elects to enroll (i.e., no retroactive coverage prior to the date of the election)

## Permitted Election Change Event Required

- The general rule under Section 125 for ongoing employees is that all elections (including an election not to participate) must be:
  1. Made prior to the start of the plan year; and
  2. Irrevocable for the duration of the plan year **unless the employee experiences a permitted election change event.**
- Employers do not have to include all permitted election change events in the cafeteria plan, but generally all do (subject to any limitations imposed by the insurance carrier)
- Most cafeteria plans provide that employees have 30 days to make an election change from the date of the permitted election change event

## Change in Status Events

- This is the broadest section of permitted election change events in the Section 125 regulations that come up the most often
- Generally requires that the election change be on account of and correspond with the event
  - Commonly referred to as the “consistency rule”

## Other Permitted Election Change Events

- HIPAA special enrollment events, cost changes, plan changes, ACA exchange events, COBRA qualifying events, QMCSO/NMSN, Medicare/CHIP events, FMLA events
  - There are a lot of potential permitted election change events out there, many with special rules!



## ABD Section 125 Cafeteria Plan Permitted Election Change Event Chart

Click [here](#) for a summary overview of the permitted election change events!

### Section 125 Cafeteria Plan



#### Permitted Election Change Event Chart

Status Event	Medical	Dental	Vision	Flexible Spending Accounts
<b>Marriage</b>  <b>Note:</b> Plans that cover domestic partners should generally follow the same guidelines. However, unless the domestic partner is a tax dependent, these Section 125 Cafeteria Plan rules technically do not apply because the employee pays for domestic partner coverage on an after-tax basis.  See page 15 for additional provisions addressing termination of coverage for a non-tax dependent domestic partner.	<b>You may</b> <ul style="list-style-type: none"> <li>Enroll yourself, your new spouse and any eligible dependent children</li> <li>Add your new spouse and any eligible dependent children to your plan</li> <li>Cancel your coverage if you enroll in your new spouse's group plan</li> </ul> Coverage/Cancellation is generally effective as of the first of the month following your election change request.  <b>HIPAA Special Enrollment Event:</b> Permits you to change benefit plan options.	<b>You may</b> <ul style="list-style-type: none"> <li>Enroll yourself, your new spouse and any eligible dependent children</li> <li>Add your new spouse and any eligible dependent children to your plan</li> <li>Cancel your coverage if you enroll in your new spouse's group plan</li> </ul> Coverage/Cancellation is generally effective as of the first of the month following your election change request.	<b>You may</b> <ul style="list-style-type: none"> <li>Enroll yourself, your new spouse and any eligible dependent children</li> <li>Add your new spouse and any eligible dependent children to your plan</li> <li>Cancel your coverage if you enroll in your new spouse's group plan</li> </ul> Coverage/Cancellation is generally effective as of the first of the month following your election change request.	<b>You may</b>  <b>Health Care FSA</b> <ul style="list-style-type: none"> <li>Enroll/increase your contributions for the remainder of the plan year</li> <li>Revoke/decrease your contributions if you or your dependent(s) enroll in the new spouse's health plan</li> </ul> <b>Dependent Care FSA</b> <ul style="list-style-type: none"> <li>Enroll if you gain an eligible dependent, and your spouse is employed/ disabled/ FT student</li> <li>Increase/decrease your contributions for the remainder of the plan year, if expenses increase/decrease as result of marriage</li> <li>Stop participating if spouse is not employed, disabled or FT student</li> </ul> Coverage/Cancellation is generally effective as of the first of the month following your election change request.



## Which Events Qualify?

The following events qualify as HIPAA special enrollment events:

- Loss of eligibility for other group health coverage or individual insurance coverage
- Loss of Medicaid/CHIP eligibility or becoming eligible for a state premium assistance subsidy under Medicaid/CHIP
- Acquisition of a new spouse or dependent by marriage, birth, adoption, or placement for adoption

The plan **must** permit employees to make medical election changes as required by HIPAA

## Right to Change Medical Plan Options

- Upon experiencing a HIPAA special enrollment event, the plan is required to allow the employee to select any medical benefit package under the plan
  - For example, move from Kaiser to UHC, Cigna to Kaiser, HMO Low to PPO High, etc.

## General 30-Day Election Period

- Employees must have a period of at least **30 days** from the date of the event to change their election pursuant to a HIPAA special enrollment event
  - Longer periods would need to be approved by the insurance carrier or stop-loss provider

## Medicaid/CHIP: Special 60-Day Election Period

- When employees lose Medicaid/CHIP eligibility, or where they gain eligibility for a state premium assistance subsidy under Medicaid/CHIP, they must have at least **60 days** from the date of the event to change their election
  - This is a good ERISA trivial pursuit question

### Effective Date: Generally First of the Month Following Election

- The general rule is that an election to enroll in coverage pursuant to a HIPAA special enrollment event must be effective **no later than the first of the month following the date of the election change request**
  - **Example 1:** Jack marries Jill on April 19, and he submits the election change request to enroll Jill on April 22. Jill's coverage should be effective no later than May 1.
  - **Example 2:** Jack marries Jill on April 19, but does not submit the election change request to enroll Jill until May 14. Jill's coverage should be effective no later than June 1.

### Birth/Adoption: Coverage Retroactive to the Date of the Event

- Where an employee has a new child through birth, adoption, or placement for adoption, coverage for the new child **must be effective as of the date of the event**
- In other words, coverage is effective the date of the birth, adoption, or placement for adoption
  - **Example:** Jack's spouse Jill gives birth to a child on July 19. Jack submits the election change to enroll the child on August 14. The child's coverage must be effective as of July 19 (the date of birth)

### Existing Dependents: No Special Enrollment Rights

- Upon birth, the rules limit the special enrollment rights to the employee, the spouse, and any newly acquired dependents (i.e., the newborn child)
- Any other dependents (e.g., siblings of the newborn child) are not entitled to special enrollment rights upon the employee's acquisition of the new dependent through birth
  - The exclusion of existing dependents from special enrollment rights prevents the employee from having the right to add an existing child to the plan upon the birth of the new child

## Generally No Requirement for Employee to Provide Documentation

- The Section 125 rules **do not require any specific substantiation procedures** for an employer to confirm that an employee has experienced a permitted election change event
  - Almost always fine for the employer to rely solely on the employee's certification that the event has occurred—without any form of documentation beyond the certification to support the event

## Exception: Employer Suspects Fraud

- The only time the Section 125 rules specifically require supporting documents (beyond the employee's certification) to substantiate the event is **where the employer has reason to believe that the employee's certification is fraudulent or otherwise incorrect**
  - In those circumstances, the employer must request documentation to substantiate the event before implementing the requested election change

## Best Practice: Be Consistent and Keep Records

Regardless of which approach the employer takes, it should:

- a. Apply the approach consistently (i.e., require supporting documents or not consistently)
- b. Keep a record of the employee's certification of the event (e.g., the ben admin system's record of the employee verification of the event) for all election changes

## Relevant Cite

**66 Fed. Reg. 1837, 1838  
(Jan. 10, 2001)**

<https://www.federalregister.gov/documents/2001/01/10/01-258/tax-treatment-of-cafeteria-plans>

*“An example in the final regulations has been revised to make it clear that employers may generally rely on an employee's certification that the employee has or will obtain coverage under the other plan (assuming that the employer has no reason to believe that the employee certification is incorrect).”*

### Employees Often Ask for Exceptions to Enroll Mid-Year

Three main reasons why we recommend **not** permitting employees to enroll themselves or a dependent mid-year without experiencing a permitted election change event (or after the plan's 30-day window to make the election change):

- 1** Section 125 Cafeteria Plans
- 2** Insurance Carrier Policy Limitations
- 3** ERISA Plan Precedent

### Reason 1: Section 125 Cafeteria Plan Rules

Failure to adhere to the permitted election change event rules set forth in Treas. Reg. §1.125-4 can **cause the entire cafeteria plan to lose its tax-advantaged status**

- This would result in all elections becoming taxable to all employees
- Could permit employee to pay after-tax outside the cafeteria plan, but still issues #2 and #3 below

### Reason 2: Insurance Carrier Policy Limitations

Insurance carriers (and stop-loss providers) generally will pay claims only for employees and dependents who are eligible and properly enrolled

- Carriers generally will permit employees to enroll only at OE, upon new hire/newly eligible status, and within 30 days of experiencing a permitted election change event
- **If a carrier discovers that an employee was allowed to enroll in any other situation, the carrier would be within its right to deny paying all claims for that employee/dependent**
- **That would make the employer responsible for self-funding all claims (worst-case scenario!)**
- Crucial that carrier agree to any exception for mid-year enrollment if employer makes exception

### Reason 3: ERISA Plan Precedent

- ERISA requires that employers administer the plan in accordance with the terms of the written plan document
  - Plan document will not permit employees to make election changes unless they experience a permitted election change event and make the election within the required timeframe (30 days)
  - If the employer makes an exception, the employer has interpreted the plan's terms to permit the exception, and this interpretation must be applied consistently for all similarly situated employees
- **This means that exceptions create an ERISA plan precedent requiring the plan to permit election changes for all employees in similar circumstances**
  - An employee denied ability to change election in similar circumstances would have a potential claim for ERISA breach of fiduciary duty or claim for benefits



#### Summary

- For these three reasons, we recommend **not** making mid-year enrollment exceptions
- Employers making exceptions anyway should carefully consider all three issues first!



IRS has provided informal guidance that an employee's election can be undone if there is “**clear and convincing evidence**” that a mistake has been made. This is a very high standard! Facts and circumstances must be completely persuasive to qualify—which rarely occurs. The strong presumption is always the employee has just changed his mind.

### Example 1

#### Dependent Care FSA – No Qualifying Dependents

**Employee must have no dependents who can benefit from the FSA to be “clear and convincing”**

- Employee has no children, all of employee's children are age 13 or older with no disabilities, or the employee does not have a disabled spouse or dependent whose expenses would be eligible
- Mistake as to the benefit's scope or tax treatment does not qualify
- Corrected by refunding employee's contributions as taxable income subject to withholding and payroll taxes

### Example 2

#### Ben Admin System Causes – Incorrect Health Plan Election

**Employee attempted to complete election process, but the ben admin system failed to properly finalize**

- Should be some forensic analysis of the enrollment system available to confirm that the employee actually partially completed the election process
- Ideally would show elections that employee provisionally made
- This would be a strong argument for clear and convincing evidence of a mistaken election (i.e., mistake failure to elect)
- Carrier (or stop-loss) must still approve!

### Suggested Approach: Clear Documentation

If the employer undoes the election based on the doctrine of mistake, the employer should:

- Clearly document the reason for undoing the election (i.e., the facts supporting clear and convincing evidence of the mistake);
- Require the employee to sign off on these facts; **and**
- Be clear in any communication that it is only very rare circumstances like these that an employer could change or revoke an existing election without experiencing a permitted election change event

#### Employee Attestation Sample Language

*I understand the general rule under Section 125 is that all cafeteria plan elections (including an election not to participate by failure to elect) must be:*

- *Made prior to the start of the plan year; and*
- *Irrevocable for the plan year unless the employee experiences a permitted election change event set forth in Treas. Reg. §1.125-4.*

*The circumstances in this situation constitute a rare exception under the IRS “doctrine of mistake” approach because there is clear and convincing evidence of a mistaken election.*

A composite image featuring two men in business suits. The left side shows a younger man with glasses and a beard, looking down at a notepad, with an orange overlay. The right side shows an older man with glasses and a beard, looking to the side, in grayscale. They are both seated at a table with papers, a pen, and a coffee cup.

# **4. Use-It-Or-Lose-It**

## The Basic Rule for FSAs

## Section 125 Use-It-Or-Lose-It Rule

- Health FSA and Dependent Care FSA are components of the Section 125 cafeteria plan
- A fundamental limitation is that FSA elections are subject to the use-it-or-lose-it rule
- Means that after the end of the plan year (or earlier termination of participation) and any grace period and/or run-out period, **any remaining unreimbursed funds not subject to a carryover provision must be forfeited to the plan**
  - No option for employers to make exceptions—that would risk all employee elections becoming taxable

## Permitted Use of Experience Gains from Forfeitures

- The Section 125 regulations generally provide the following permitted plan uses of experience gains resulting from forfeitures:
  - To reduce required salary reduction amounts for the immediately following plan year, on a reasonable and uniform basis;
  - Returned to employees on a reasonable and uniform basis; or
  - **To defray expenses to administer the cafeteria plan.**
- **Additional Notes:**
  - **Refunding employees for their specific remaining unreimbursed balance is not permitted**
  - Employers almost always apply experience gains from forfeitures to the FSA administrative expenses
  - **For the Health FSA:** Experience gains are the result of annual forfeitures reduced by the health FSA's losses from overspent accounts by employees who terminate mid-year (uniform coverage rule)
  - **For the Dependent Care FSA:** Forfeitures could likely be retained by the employer because ERISA does not apply (ERISA fiduciary duties prohibit this option for health FSA)

### (7) Operational failure:

- i. In general. **If the cafeteria plan fails to operate according to its written plan or otherwise fails to operate in compliance with section 125 and the regulations, the plan is not a cafeteria plan and employees' elections between taxable and nontaxable benefits result in gross income to the employees.**
- ii. Failure to operate according to written cafeteria plan or section 125. Examples of failures resulting in section 125 not applying to a plan include the following—
  - A. Paying or reimbursing expenses for qualified benefits incurred before the later of the adoption date or effective date of the cafeteria plan, before the beginning of a period of coverage or before the later of the date of adoption or effective date of a plan amendment adding a new benefit;
  - B. Offering benefits other than permitted taxable benefits and qualified benefits;
  - C. Operating to defer compensation (except as permitted in paragraph (o) of this section);
  - D. Failing to comply with the uniform coverage rule in paragraph (d) in §1.125-5;
  - E. Failing to comply with the use-or-lose rule in paragraph (c) in §1.125-5;**
  - F. Allowing employees to revoke elections or make new elections, except as provided in §1.125-4 and paragraph (a) in §1.125-2;
  - G. Failing to comply with the substantiation requirements of § 1.125-6;
  - H. Paying or reimbursing expenses in an FSA other than expenses expressly permitted in paragraph (h) in §1.125-5;
  - I. Allocating experience gains other than as expressly permitted in paragraph (o) in §1.125-5;
  - J. Failing to comply with the grace period rules in paragraph (e) of this section; or
  - K. Failing to comply with the qualified HSA distribution rules in paragraph (n) in §1.125-5.

There are two main exceptions to the general rule that FSA participants forfeit contributions for which the participant has not incurred eligible expenses by the end of the FSA plan year. There are advantages/disadvantages and important limitations for each.

### Grace Period



**Optional Health FSA or Dependent Care FSA provision that permits participants to incur claims 2½ months after the end of the plan year**

- The grace period is **optional**
- *Must check the cafeteria plan document to confirm whether it is available*
- For a calendar plan year, grace period permits FSA participants to incur expenses until March 15 of year two
- Can be followed by a run-out period (often 90 days) to submit claims incurred by the end of the grace period

### \$550 Carryover



**The Health FSA may offer the ability to carry over up to \$550 into subsequent plan years**

- For the health FSA only—**not permitted under the dependent care FSA**
- The \$550 carryover is **optional**
- *Must check the cafeteria plan document to confirm whether it is available*
- **Advantage:** Not limited to 2½ months
- **Disadvantage:** Limited to \$550
- Cafeteria plan can provide grace period for dependent care FSA and carryover for health FSA (this is common)



## 2021 Health FSA Limit Remains at \$2,750...But Carryover Limit Up to \$550

While the stable salary reduction contribution limit is status quo, the IRS did take action to increase the carryover limit above the \$500 cap that had been in place since the IRS introduced the carryover in 2013.

### Salary Reduction Contribution Limit:

\$2,750 for 2020 and 2021

### ACA Original \$2,500 Limit Indexed for Inflation

- Adjusts in \$50 increments based on a complex cost-of-living calculation tied to the chained and standard consumer price index increases for the preceding calendar year
- That measure was not sufficient in 2020 to increase by at least \$50 given the provision's requirement to round down to the next lowest multiple of \$50
- Means that for plan years beginning on or after January 1, 2021, the health FSA salary reduction contribution limit will remain at \$2,750

### Carryover Limit:

\$550 for 2020-2021 and 2021-2022

### IRS Announces Indexing of Carryover Limit

- President Trump's Executive Order 13877 in June 2019 directed the IRS to increase the \$500 carryover limit
- The IRS announced in Notice 2020-33 that it was increasing the carryover limit to an amount equal to 20% of the maximum health FSA salary reduction contribution
- Increase first applies for plan years starting in calendar year 2020 and carrying over to a new plan year starting in calendar year 2021
- Sets the carryover limit at \$550 for both 2020 to 2021 and 2021 to 2022 carryovers (20% of \$2,750)
- Cafeteria plan amendment needed to adopt the increase

### Mid-Year Termination of Participation

Employees who lose eligibility for the **Health FSA** mid-year because of a termination of employment or reduction in hours will be faced with the use-it-or-lose-it rule earlier than ongoing employees. They have two options to access unreimbursed contributions.

#### Option 1: Run-Out Period

**Most cafeteria plans provide for a run-out period to submit FSA claims incurred prior to termination**

- Typically this period is 90 days—but must check the plan document to confirm
- Plan may provide that health FSA coverage (i.e., the ability to incur reimbursable claims) continues through the end of the month in which the employee terminates (similar to many medical/dental/vision plans)
- Run-out period will begin whenever health FSA coverage ends

#### Option 2: COBRA

**Coverage for an underspent health FSA can be continued via COBRA through the end of the plan year in which the employee terminates**

- An account is underspent if the employee contributed more to the FSA than had been reimbursed at the time of the COBRA qualifying event
- COBRA permits the employee to incur reimbursable claims for the remainder of the plan year
- If the health FSA has the \$550 carryover, COBRA can continue for 18 months

### Sample Language: Summary of Options to Provide Employees

*(The company's health FSA is a component of company's cafeteria plan, which is governed by Internal Revenue Code §125. The Section 125 regulations provide that company must follow the written terms of its cafeteria plan document to maintain the tax-advantaged status of employees' health FSA elections.)*

*Upon terminating employment, you lost coverage under the company's health FSA. However, there are two options available to you to access unreimbursed funds remaining in the company's health FSA at the time of your termination:*

- **Option 1: Run-Out Period**

*The company's cafeteria plan provides a 90-day run-out period **[CONFIRM IN PLAN DOCUMENT]** for terminated employees to submit claims incurred prior to termination. You must follow the plan's procedures to properly submit any outstanding claims within that run-out period.*

*At the end of the run-out period, the use-it-or-lose-it rule for health FSAs requires that any unreimbursed funds be forfeited to the plan unless you elect COBRA (see Option #2 below).*

- **Option 2: COBRA Continuation Coverage**

*Upon terminating from employment, you experienced a COBRA qualifying event to continue coverage under the company's health FSA through the end of the plan year. This option will be available to you only if your account was underspent at the time of termination (i.e., you had contributed more than you had been reimbursed at the time of the qualifying event).*

*If you timely elect and pay for COBRA continuation coverage under the health FSA, you will be able to continue incurring claims for reimbursement through the end of the plan year. Up to \$550 remaining in your health FSA at the end of the plan year will be subject to the plan's carryover provision and may continue to be available for the duration of your maximum COBRA period (18 months from termination). **[DELETE LAST SENTENCE IF PLAN DOES NOT OFFER CARRYOVER]***

### Mid-Year Termination of Participation

Employees who lose eligibility for the **Dependent Care FSA** mid-year because of a termination of employment or reduction in hours will face the use-it-or-lose-it rule earlier than ongoing employees. They have two options to access unreimbursed contributions.

#### Option 1: Run-Out Period

**Most cafeteria plans provide for a run-out period to submit FSA claims incurred prior to termination**

- Typically this period is 90 days—but must check the plan document to confirm
- Plan may provide that dependent care FSA coverage (i.e., the ability to incur reimbursable claims) continues through the end of the month in which the employee terminates (similar to many medical/dental/vision plans)
- Run-out period will begin whenever dependent care FSA coverage ends

#### Option 2: Spend-Down Provision

**Allows the terminated participant to incur expenses through the end of the plan year (i.e., spend it down)**

- The spend-down provision is **optional**
- *Must check the cafeteria plan document to confirm whether it is available*
- Many dependent care FSAs do not include the spend-down provision
- The option is designed to address the issue of underspent dependent care FSAs because they are not subject to COBRA
- COBRA applies to the health FSA, but not the dependent care FSA

# 5. Nondiscrimination Rules

55% Average Benefits Test



# Nondiscrimination Rules – Three Main Sets of Tests

Standard cafeteria plans that include a Premium Only Plan (POP), Health FSA, and Dependent Care FSA are subject to three sets of nondiscrimination tests.

1

## Section 125 Cafeteria Plan Testing (POP)

- Eligibility Test
- Contributions and Benefits Test
- Key Employee Concentration Test

2

## Section 105(h) Health FSA Testing

- Eligibility Test
- Benefits Test

3

## Section 129 Dependent Care FSA Testing

- Eligibility Test
- Contributions and Benefits Test
- More-Than-5% Owner Concentration Test
- **55% Average Benefits Test**



## Dependent Care FSA: 55% Average Benefits Test

- Although this is only one component of the three main tests, it is generally the only one that ever becomes an issue when performing NDT
  - Practical reality is this is the only component of the NDT that employers worry about
  - Nevertheless, employers must still perform all of the NDT from the prior slide to confirm passing result
- **The test requires that at least 55% of the dependent care FSA benefits are for non-highly compensated employees (non-HCEs)**
  - This is a very hard test to pass without adjustments to HCE elections

## Who Qualifies as a Highly Compensated Employee (HCE)?

- **More-than-5% owners of the employer in the current or preceding plan year**
  - Refers to stock ownership for corporations, capital or profits interest for partnerships and other non-corporate entities
  - Attribution applies to family members such as spouses, parents, children, grandchildren
- **Employees who earned in excess of \$130,000 in the prior year (2020) for 2021 testing**
  - Remains at to \$130,000 for calendar plan years testing in 2022 (based on 2021 compensation)
  - Employees hired mid-year in the prior year may have annualized salary in excess of \$130,000, but still not qualify as HCE because they did not earn \$130,000 in the partial year of employment
  - Generally look to Box 1 of the Form W-2 to determine compensation level for prior year
  - Section 125 NDT rules say to use current-year compensation for employees hired in the current year, but not clear whether this special current-year-hire rule applies to this dependent care FSA testing

## Alternative HCE Testing Method: Top-Paid Group Election (Top 20%)

- Top-paid group election is an option to consider where the dependent care FSA is not passing the 55% Average Benefits Test
- HCE status is determined by whether employees are in the top 20% highest-paid employees
  - Means that HCEs are **not** determined by a specific compensation level (\$130,000 becomes irrelevant)
- **Can result in significantly fewer employees meeting HCE status**
  - Employees who earned \$130,000+ in the prior year but are not in the top 20% are no longer HCEs
  - The more non-HCEs you have, the better the chance to pass the 55% Average Benefits Test

## Important Limitation: Must Also Apply to 401(k) Plan

- **The top-paid group election cannot be used for the dependent care FSA NDT unless it is also applied to the employer's retirement plans, including any 401(k) plan**
  - Employers seeking to utilize the top-paid group election must coordinate with 401(k) nondiscrimination testing vendor to confirm that a top-paid group election is in place for that plan year
- **Relevant Cite:**

### Treas. Reg. §1.414(q)-1, Q/A-9(b)(2)(iii)

*(iii) Method of election. The elections in this paragraph (b)(2) must be provided for in all plans of the employer and must be uniform and consistent with respect to all situations in which the section 414(q) definition is applicable to the employer. Thus, with respect to all plan years beginning in the same calendar year, the employer must apply the test uniformly for purposes of determining its top-paid group with respect to all its qualified plans and employee benefit plans. If either election is changed during the determination year, no recalculation of the look-back year based on the new election is required, provided the change in election does not result in discrimination in operation.*

## Pre-Test Early! (Before Q4 if Possible)

- The NDT rules look to the last day of the plan year to determine whether the plan passes
- **A mid-year pre-test will determine whether the plan will pass on the last day of the plan year**
  - For example, test might show a failing result at 45% that requires a 20% reduction to HCE elections
  - That would require an HCE who elected \$10,500 (2021) to be capped at \$8,400 instead
  - Reducing HCE elections ensures that the plan will pass the test as of the last day of the plan year
- The earlier you test, the more likely HCEs have not already exceeded the reduced cap
  - **Where the HCE has already exceeded the reduced cap, the employer must recharacterize the excess contributions as taxable income before the end of the year to pass as of the last day of the plan year**
  - Far simpler to correct before the HCE reaches the reduced cap by stopping HCEs' contributions at the reduced amount indicated by the pre-test (i.e., payroll cap on contributions for HCEs)

## Must Correct By the End of the Plan Year to Pass

- Once the plan year closes, there is no option to correct because the plan will have failed as of the last day of the plan year
  - Cannot wait until January's Form W-2 preparation to address—must recharacterize any excess HCE contributions as taxable income through payroll by the last day of the plan year
- Where employer fails to make corrections by the end of the plan year, the entire dependent care FSA contributions for all HCEs must be recharacterized as taxable income
  - In other words, if the HCE elections are reduced to "0" and the entire contribution amount is taxable
  - The Form W-2 would reflect "0" in Box 10 for dependent care benefits (moved to Box 1 income)

## Can Employers Prevent Testing Failures?

<b>Option 1</b> Permit Only Non-HCEs to Participate	<b>Option 2</b> Limit HCE Contributions to Reduced Level	<b>Option 3</b> Offer an Employer Matching Contribution to Non-HCEs
<ul style="list-style-type: none"><li>■ Test will of course always result in at least 55% of benefits elected by non-HCEs (it will be 100%)</li><li>■ Needless to say, this isn't very popular among HCEs</li></ul>	<ul style="list-style-type: none"><li>■ For example, HCEs may elect up to \$8,000 (non-HCEs have the standard 2021 \$10,500 limit)</li><li>■ Reduces the likelihood of a testing failure, but not a guarantee (it's just a guessing game)</li><li>■ We generally do not recommend this approach because it will always result in one of the following:<ul style="list-style-type: none"><li>a. HCEs not being able to take full advantage of the maximum permitted pre-tax election; or</li><li>b. Require a slightly smaller correction than would otherwise be required</li></ul></li></ul>	<ul style="list-style-type: none"><li>■ For example, a dollar-for-dollar matching contribution for non-HCEs of up to \$500</li><li>■ This will entice greater participation from non-HCEs with dependent care expenses</li><li>■ Again doesn't guarantee passing result, but will make it much more likely</li></ul>

## Failing the 55% Average Benefits Test – What is Best Practice?

- Do not cap HCE elections, but pre-test early to determine any reduced contribution level
- **This approach ensures that HCEs have the maximum pre-tax benefit available to them**
  - Early pre-tests will generally catch the issue before HCEs have contributed up to the reduced limit
  - Administrative burden is relatively minor where adjustment is simply a payroll contribution cap





# Bonus: COVID-19

## Special Pandemic Rules





Full Alert: <https://www.theabdteam.com/blog/top-10-issues-resolved-in-irs-fsa-relief-guidance/>

## Optional: Full FSA Carryovers from 2020-2021 and 2021-2022 Plan Years!

- Applies to both the health FSA and the dependent care FSA
- *Allows the cafeteria plan to permit carryovers of the full unused balance from plan years ending in 2020 and 2021 into the subsequent plan years ending in 2021 and 2022, respectively*
  - Requires cafeteria plan amendment no later than the last day of the first calendar year beginning after the end of the plan year in which the amendment is effective
  - For calendar plan year, amendment would have to be adopted by 12/31/21 for full carryovers from 2020 to 2021

### Example:

#### Calendar Plan Year with Full FSA Carryovers

- Employee elected to contribute \$2,750 to the health FSA and \$5,000 to the dependent care FSA for the 2020 calendar plan year
- Employee only had \$1,500 in health expenses and \$3,500 in daycare care expenses in 2020 because of inability to access services during pandemic
- Employer amends its cafeteria plan no later than December 31, 2021 to permit full carryovers from 2020 to 2021 (by 12/31/22 for 2021 to 2022)



### Result

#### **Employee can carry over the full remaining balances (\$1,250 health FSA, \$1,500 dependent care FSA) into the 2021 calendar plan year**

- Under normal rules, the health FSA carryover would have been capped at \$550 and the dependent care FSA could not have a carryover (i.e., forfeitures!)
- *Beware of HSA eligibility issues!*
- Employer needs to coordinate the implementation, communication, and amendment with the FSA TPA

## General Purpose Health FSA Carryover is a Potential Problem!

- Employees who want to move to an HDHP for year two, but have general purpose health FSA amounts remaining in their account from year one subject to the standard \$550 **or expanded full** carryover, have an HSA eligibility issue
- If the employee carries over any amount as general purpose health FSA balance into year two, the carryover will block HSA eligibility for all of year two

## Two Main Ways to Avoid the Carryover HSA Eligibility Issue

New IRS Notice 2021-15 reiterates the IRS issued guidance in 2014 permitting two approaches to maintain HSA eligibility:

1. **Automatic Conversion of Carryover Balance to Limited Purpose:** Structure the plan to automatically convert the general purpose carryover amount to limited purpose where the employee is moving to an HDHP (preferred approach where available)
2. **Election to Forfeit Carryover Balance:** Allow the employee to waive the general purpose carryover balance and have it forfeit to the plan (fallback approach for plans that do not offer limited purpose option)

### Example

- Manny moves from standard HMO in 2021 to HDHP in 2022
- He has \$10 remaining of general purpose health FSA balance from 2021 that will carry over into the 2022 calendar plan year



### Result

- Manny's employer's plan utilizes the first approach above to automatically convert general purpose carryover to limited purpose where employee moves to HDHP
- The limited purpose health FSA carryover will not block 2022 HSA eligibility!

Full Alert: <https://www.theabdteam.com/blog/top-10-issues-resolved-in-irs-fsa-relief-guidance/>

## Optional: 12-Month Grace Periods Following 2020 and 2021 Plan Years!

- Applies to both the health FSA and the dependent care FSA
- *Allows the cafeteria plan to permit a 12-month grace period after the end of plan years ending in 2020 and 2021*
  - Exception from the general rule that permits a grace period of only up to 2 ½ months
  - Requires cafeteria plan amendment no later than the last day of the first calendar year beginning after the end of the plan year in which the amendment is effective
  - For calendar plan year, amendment would have to be adopted by 12/31/21 for grace period from 2020 to 2021

### Example:

#### Calendar Plan Year with 12-Month FSA Grace Periods

- Employee elected to contribute \$2,750 to the health FSA and \$5,000 to the dependent care FSA for the 2020 calendar plan year
- Employee only had \$1,500 in health expenses and \$3,500 in daycare care expenses in 2020 because of inability to access services during pandemic
- Employer will amend its cafeteria plan no later than December 31, 2021 to permit 12-month grace period in 2021 for 2020 plan year (and '22 for '21 plan year)



### Result

**Employee will have access to the remaining balances (\$1,250 health FSA, \$1,500 dependent care FSA) in all of 2021 during 12-month grace period**

- Under normal rules, the grace period would end March 15, which could cause additional forfeitures
- *Beware of HSA eligibility issues!*
- Employer needs to coordinate the implementation, communication, and amendment with the FSA TPA

## General Purpose Health FSA Balance Available in Grace Period is a Potential Problem!

- Employees who want to move to an HDHP for year two, but have general purpose health FSA amounts subject to the 2½-month **or extended 12-month** grace period, have an HSA eligibility issue
- General rule is that the employee will not be HSA eligible until month four in year two (i.e., April for a calendar plan year) because the grace period will be disqualifying coverage for the first three months
- With the extended 12-month grace period, the employee will have disqualifying coverage for the **entire** subsequent plan year!

## Three Main Ways to Avoid the Grace Period HSA Eligibility Issue

**New IRS Notice 2021-15 adds the same approach two approaches as carryover to maintain HSA eligibility:**

1. **Automatic Conversion of Grace Period Balance to Limited Purpose:** Structure the plan to automatically convert the general purpose grace period amount to limited purpose where the employee is moving to an HDHP (preferred approach)
2. **Election to Forfeit Grace Period Balance:** Allow the employee to waive the general purpose grace period balance and have it forfeit to the plan (fallback approach for plans that do not offer limited purpose option)
3. **Spend Down the Account Balance to Zero By End of Plan Year:** The employee spends down the health FSA to zero by the last day of the plan year on a cash basis (meaning the account balance is actually zeroed out through reimbursements)

### Example

- Manny moves from standard HMO in 2021 to HDHP in 2022 with \$10 remaining of general purpose health FSA balance from 2021 that be available in the extended 12-month grace period for 2022



### Result

- Manny's employer's plan utilizes the first approach to automatically convert general purpose carryover to limited purpose where employee moves to HDHP—so the grace period will not block HSA eligibility in 2022

Full Alert: <https://www.theabdteam.com/blog/top-10-issues-resolved-in-irs-fsa-relief-guidance/>

## Optional: Mid-Year Health Plan Enrollment for Waived Employees

- Employers can amend their Section 125 cafeteria plan to allow employees who originally waived health plan coverage to make a new election for employer-sponsored health coverage on a prospective basis
- *Must have insurance carrier confirmation (or stop-loss provider if self-insured) to proceed with this approach*
  - Applies only to plan years ending in 2021 (the 2021 plan year for calendar plan years)
  - Requires cafeteria plan amendment be adopted no later than the last day for the first calendar year beginning after the end of the plan year in which the amendment is effective (December 31, 2022 for calendar plan years)

### Example: Waived Employee Enrolled Mid-Year in 2021

- Employee waived coverage at open enrollment for 2021 calendar plan year coverage
- Employer confirms with insurance carriers and/or stop-loss providers that they will permit mid-year enrollment without a permitted election change event
- Employer will amend its cafeteria plan to adopt the CAA §125 relief no later than December 31, 2022



### Result

**Within parameters established by the insurance carriers and/or stop-loss providers, the employee could in the 2021 plan year enroll in health plan mid-year without experiencing a permitted election change event**

- Employee could pay employee-share of the premium on a pre-tax basis under Section 125

Full Alert: <https://www.theabdteam.com/blog/top-10-issues-resolved-in-irs-fsa-relief-guidance/>

## Optional: Mid-Year Plan Option Change or to Add Dependents

- Employers can amend their Section 125 cafeteria plan to allow employees to change their health plan option or enroll dependents on a prospective basis
- *Must have insurance carrier confirmation (or stop-loss provider if self-insured) to proceed with this approach*
  - Applies only to plan years ending in 2021 (the 2021 plan year for calendar plan years)
  - Requires cafeteria plan amendment be adopted no later than the last day for the first calendar year beginning after the end of the plan year in which the amendment is effective (December 31, 2022 for calendar plan years)

### Example: Move from PPO to HMO Mid-Year in 2021

- Employee enrolled in employee-only PPO coverage at open enrollment for 2021 calendar plan year
- Employer confirms with insurance carriers and/or stop-loss providers that they will permit mid-year enrollment changes without a permitted election change event
- Employer will amend its cafeteria plan to adopt the CAA §125 relief no later than December 31, 2022



### Result

**Within parameters established by the insurance carriers and/or stop-loss providers, the employee could in the 2021 plan year change to family HMO coverage mid-year without experiencing a permitted election change event**

- Employee could pay employee-share of the premium on a pre-tax basis under Section 125



Full Alert: <https://www.theabdteam.com/blog/top-10-issues-resolved-in-irs-fsa-relief-guidance/>

## Optional: Mid-Year Dropping of Health Plan Coverage

- Employers can amend their Section 125 cafeteria plan to allow employees to revoke their health plan election on a prospective basis
- *Employee must attest in writing that the employee is enrolled (or will immediately enroll) in other health coverage not sponsored by the employer*
  - Applies only to plan years ending in 2021 (the 2021 plan year for calendar plan years)
  - Requires cafeteria plan amendment be adopted no later than the last day for the first calendar year beginning after the end of the plan year in which the amendment is effective (December 31, 2022 for calendar plan years)

### Written Attestation Template from IRS – Can Rely Upon Absent Actual Knowledge it is False

Name: \_\_\_\_\_ (and other identifying information requested by the employer for administrative purposes).

*I attest that I am enrolled in, or immediately will enroll in, one of the following types of coverage: (1) employer-sponsored health coverage through the employer of my spouse or parent; (2) individual health insurance coverage enrolled in through the Health Insurance Marketplace (also known as the Health Insurance Exchange); (3) Medicaid; (4) Medicare; (5) TRICARE; (6) Civilian Health and Medical Program of the Department of Veterans Affairs (CHAMPVA); or (7) other coverage that provides comprehensive health benefits (for example, health insurance purchased directly from an insurance company or health insurance provided through a student health plan).*

Signature: \_\_\_\_\_

Full Alert: <https://www.theabdteam.com/blog/top-10-issues-resolved-in-irs-fsa-relief-guidance/>

## Optional: Mid-Year Health FSA Election Changes

- Employers can amend their Section 125 cafeteria plan to allow employees to revoke, decrease, make, or increase a health FSA election on a prospective basis
- *Allows employees to change their health FSA election mid-year for any reason*
  - Applies only to plan years ending in 2021 (the 2021 plan year for calendar plan years)
  - Requires cafeteria plan amendment be adopted no later than the last day for the first calendar year beginning after the end of the plan year in which the amendment is effective (December 31, 2022 for calendar plan years)

### Example: Health FSA Election to Enroll Mid-Year

- Employee elected to waive the health FSA at 2021 calendar plan year open enrollment
- Employee now wants to enroll because of ability to access elective surgery services following the end of most COVID-19 pandemic closures
- Employer will amend its cafeteria plan to adopt the CAA FSA relief no later than December 31, 2022



### Result

**In the 2021 plan year, employee can enroll in the health FSA mid-year without experiencing a permitted election change event**

- Employee's election to waive is not irrevocable because of these relaxed rules adopted by employer
- Employer needs to coordinate implementation, administration, and communication with TPA

Full Alert: <https://www.theabdteam.com/blog/top-10-issues-resolved-in-irs-fsa-relief-guidance/>

## Optional: Mid-Year Dependent Care FSA Election Changes

- Employers can amend their Section 125 cafeteria plan to allow employees to revoke, decrease, make, or increase a dependent care FSA election on a prospective basis
- *Allows employees to change their dependent FSA election mid-year for any reason*
  - Applies only to plan years ending in 2021 (the 2021 plan year for calendar plan years)
  - Requires cafeteria plan amendment be adopted no later than the last day for the first calendar year beginning after the end of the plan year in which the amendment is effective (December 31, 2022 for calendar plan years)

### Example: Dependent Care FSA Enrollment Mid-Year

- Employee elected to waive the dependent care FSA at 2021 calendar plan year open enrollment
- Employee now wants to enroll because of ability to access childcare services following the end of most COVID-19 pandemic closures
- Employer will amend its cafeteria plan to adopt the CAA FSA relief no later than December 31, 2022



### Result

**In the 2021 plan year, employee can enroll in the dependent care FSA mid-year without experiencing a permitted election change event**

- Employee's election to waive is not irrevocable because of these relaxed rules adopted by employer
- Employer needs to coordinate implementation, administration, and communication with TPA

Full Alert: <https://www.theabdteam.com/blog/top-10-issues-resolved-in-irs-fsa-relief-guidance/>

## Additional Optional 2021 and 2022 FSA Relief Provisions

### Health FSA Spend Down

- The cafeteria plan may permit employees who terminate participation mid-year during calendar year 2020 or 2021 to continue to incur reimbursable claims for the remainder of the plan year in which participation ceased
  - Essentially mirrors the optional spend down provision that is always available for the dependent care FSA
  - *Beware of HSA eligibility issues! The spend down causes employees to have disqualifying coverage for the full plan year*

### Plan Amendments May be Retroactive

- Employers wishing to offer any of the Consolidated Appropriations Act, 2021 FSA relief provisions must amend the cafeteria plan to incorporate the changes
  - The amendment may be retroactive as long as it is adopted no later than the last day of the first calendar year beginning after the end of the plan year in which the amendment is effective
  - For example, amendment deadline is 12/31/21 for a calendar plan year provision effective in the 2020 plan year
  - Plan must be operated consistent with the terms of the amendment during the full retroactive period
  - Work closely with FSA TPA to ensure any amendment is consistent with their administrative capabilities and communication

**Full Alert:** <https://www.theabdteam.com/blog/major-employee-benefits-timeframe-extensions-announced-for-covid-19-national-emergency/>

## Understanding the “Outbreak Period”

The Departments of Labor and the Treasury extended multiple key employee benefits deadlines **by disregarding the “Outbreak Period”** from the timeline calculation.

### The National Emergency:

From March 1, 2020 to TBD

**President Trump has declared a national emergency and invoked a nationwide emergency determination under the Stafford Act related to COVID-19 effective March 1, 2020.**

- FEMA has also issued emergency declarations for every state, territory, and possession in the U.S.
- Collectively, this is referred to as the “National Emergency”

**In light of the National Emergency, the Departments have extended multiple key employee benefits timelines.**

### The Outbreak Period:

National Emergency + 60 Days

**The Outbreak Period is defined as the National Emergency period through 60 days after the end of National Emergency period.**

- Means the Outbreak Period begins March 1, 2020 and ends 60 days after the announced end of the National Emergency period
  - No indication yet of the possible end date

**EBSA Disaster Relief Notice 2021-01 caps the maximum period disregarded at **one year** per event**

- Outbreak Period will therefore end **the earlier of** one year from the date the individual was first eligible for the relief, or 60 days after the end of the National Emergency

**Full Alert:** <https://www.theabdteam.com/blog/major-employee-benefits-timeframe-extensions-announced-for-covid-19-national-emergency/>

## Extension of HIPAA Special Enrollment Period

The Departments of Labor and the Treasury extended multiple key employee benefits deadlines **by disregarding the “Outbreak Period”** from the timeline calculation.

### HIPAA Special Enrollment Rules:

#### 30-Day and 60-Day Windows

##### 30-Day Special Enrollment Period

- Loss of eligibility for group health coverage or individual health insurance coverage
- Acquisition of a new spouse or dependent by marriage, birth, adoption, or placement for adoption

##### 60-Day Special Enrollment Period

- Loss of Medicaid/CHIP eligibility
- Becoming eligible for a state premium assistance subsidy under Medicaid/CHIP

### The Outbreak Period:

#### Disregarded for Deadlines

The rules extend the 30-day and 60-day HIPAA special enrollment timeframes by disregarding the Outbreak Period

- **Example:** The rules extend the 30-day and 60-day HIPAA special enrollment timeframes by disregarding the Outbreak Period
- **Assume:** National Emergency period ended April 30, 2021, and therefore the Outbreak Period ended June 29, 2021
- **Result:** Employee would have had until 30 days after the end of the Outbreak Period (by July 29, 2021) to enroll
  - No indication yet of actual Outbreak Period end date



**Full Alert:** <https://www.theabdteam.com/blog/major-employee-benefits-timeframe-extensions-announced-for-covid-19-national-emergency/>

### Extension of Additional Deadlines

The Departments of Labor and the Treasury extended multiple key employee benefits deadlines **by disregarding the “Outbreak Period”** from the timeline calculation.

### The Plan’s Benefit Claim Filing Deadline (Including Run-Out Periods)

- The rules extend the ERISA plan’s deadline to file a benefit claim under the plan’s claims procedures by disregarding the Outbreak Period
  - Claim filing deadline is **set by the plan’s terms**
  - Applies to the health FSA run-out period (ERISA plan) but not the dependent care FSA run-out period (non-ERISA plan)

### ERISA Adverse Benefit Determination Appeal Deadline

- The rules extend the ERISA deadline to file an appeal of the plan’s adverse benefit determination by disregarding the Outbreak Period
  - **180-day** timeframe to appeal an adverse benefit determination under a group health plan or disability plan
  - **60-day** timeframe to appeal an adverse benefit determination under any other type of ERISA plan
  - Applies to the health FSA run-out period (ERISA plan) but not the dependent care FSA run-out period (non-ERISA plan)

**Full Alert:** <https://www.theabdteam.com/blog/irs-issues-2021-dependent-care-fsa-increase-guidance-and-2022-hsa-limits/>

## 2021 Calendar Year \$10,500 Limit

As with the standard rules, the limit is reduced to half of that amount (\$5,250) for married individuals filing separately

- Increased limit added by ARPA automatically sunsets at the end of 2021 calendar year
- Absent additional congressional action, the dependent care FSA limit will revert to \$5,000 for the 2022 calendar year

### Section 125 Cafeteria Plan Amendment Required

- Employer must adopt the amendment no later than the last day of the plan year in which the amendment is effective; and
- Plan must operate consistently with the terms of the amendment for the full retroactive period

## The Standard \$5,000 Dependent Care FSA Limit

- Congress did not index the limit when established in 1986
- 35 years later, the limit would be roughly \$12,000 if §129 limit was indexed to standard CPI inflation
  - First Lady Michelle Obama had requested increase from IRS—but IRS confirmed only Congress can

## Effect of CAA Carryover and Extended Grace Period

- Unused amounts carried over or available during an extended grace period pursuant to CAA are disregarded in determining the limit for the following year
  - CAA carryover/extended grace period amounts also do not affect the subsequent income exclusion amount

## Non-Calendar Plan Year Dependent Care FSA Issues

- Because §129 limit always runs based on the calendar year, there are additional complications for a dependent care FSA with a non-calendar plan year
  - Amounts in excess of \$5,000 in CY 2022 not attributable to CAA FSA relief will be taxable income

# Wrap-Up

## Takeaways



1

## Why Does Section 125 Matter?

- Only a Section 125 cafeteria plan can prevent employees from constructive receipt of taxable cash
- The cafeteria plan prevents employees from being taxed on the available cash compensation that they instead elected direct to non-taxable health and welfare benefits
- Employee pre-tax premium and FSA contributions require a cafeteria plan!

2

## Plan Document Requirements

- Must have a written plan document with specific content requirements
- Section 125 cafeteria plans must be adopted, amended, and restated prospectively to be effective (i.e., signed on or before effective date)

3

## Making/Changing Elections

- Section 125 imposes very strict rules on when employees are permitted to make their elections and change them mid-year
- Failure to follow can result in the entire cafeteria plan losing its tax-advantaged status, resulting in all elections becoming taxable for employees

4

## The Use-It-Or-Lose-It Rule

- A fundamental rule for FSAs is that they are subject to use-it-or-lose-it
- Employees hate this rule, and there are always requests for exceptions, but employers should not jeopardize plan's tax-advantaged status
- FSA features such as grace periods, \$550 carryovers, and spend down provisions can reduce the potential for participant forfeitures
- Section 125 spells out specific permitted uses for FSA experience gains

5

## Nondiscrimination Testing

Three basic categories of NDT:

- Section 125 Cafeteria Plan (POP)
- Section 105(h) Health FSA
- Section 129 Dependent Care FSA

Reality is that the 55% Average Benefits Test component of the dependent care FSA test is the only one that employers fail

- Conduct early mid-year pre-testing (before Q4) where possible to determine any required reductions to HCE elections well in advance of end of year
- Top-paid group (Top 20%) election can help pass where available

# Content Disclaimer

## Section 125 Cafeteria Plans

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Thank  
You!

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